

12 E-Safety Tips Of CHRISTMAS

ICT4C



E-Safety
Tips For A
Safe
Christmas



12 E-Safety Tips Of CHRISTMAS

Dear Parent/Carer,

As Christmas is getting closer, children and young people all over the country will be writing lists to Santa or giving hints about what they would like under the tree.



Technology is now a very popular item on many children's lists with tablets, smartphones, game consoles and smartwatches likely to be asked for this year.

Whilst we want children to enjoy their presents, it is also important that parents look at ways to ensure that their children use these devices safely. This includes **setting parental controls** and understanding that video games have **PEGI ratings** similar to the classification for films.



Other things that you may want to consider is managing **screen time** so that you can monitor the amount of time being spent on each device. This is useful for meal times or during the school holidays.

Finally, once the tinsel has come down and we welcome the New Year, make sure that you talk to your children about online safety.

Merry Christmas
ICT4c Team



12 E-Safety Tips Of CHRISTMAS

1. Set parental controls on new devices
2. Talk about safe selfies
3. Know the PEGI ratings for games
4. Set a digital sunset
5. Manage screen time
6. No tech at mealtimes
7. Remember the ratings for Apps
8. Set up home internet filtering
9. Don't share personal information
10. Protect your password
11. Talk to your children about e-safety
12. Remember online stranger danger



12 E-Safety Tips Of CHRISTMAS

Parental Controls

<https://www.internetmatters.org/>



PEGI Games Ratings

<http://www.pegi.info/en/index/>

Apps

<https://www.net-aware.org.uk>



Selfies

<https://www.gustodio.com/en/blog/2013/12/selfie-safety-tips-for-teens>

Home filtering

<http://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider>

Talking To Children

<https://www.thinkuknow.co.uk/parents/>



12 E-Safety Tips Of CHRISTMAS

Password

<https://www.youtube.com/watch?v=COU5T-Wafa4>



Digital Sunset

<http://www.huffingtonpost.com.au/jocelyn-brewer/set-a-digital-sunset-for-a-better-nights-sleep/>



Screen Time

<https://www.common sense media.org/screen-time/how-much-screen-time-is-ok-for-my-kids>

Stranger Danger

<https://www.thinkuknow.co.uk/>

Don't Share Personal Information

<http://www.bbc.co.uk/cbbc/curations/stay-safe>



12 E-Safety Tips Of CHRISTMAS

Useful Sites (Using a QR code reader)

Think U Know



<https://www.thinkuknow.co.uk/>

Internet Matters



<https://www.internetmatters.org/>

NSPCC (Net Aware)



<https://www.net-aware.org.uk/>

