



Santa's Grotto, Reindeerland, XM4 5HQ

Dear Mums, Dads, Carers and Children,

It's Santa here. I am just having a short break in what is a very busy time for me. The elves and I are at full stretch ensuring that all the boys and girls get the right presents and so Christmas morning is a happy time for everybody.

I am starting to get a number of lists in from the children around the world and it seems that electronic toys are very popular this year. I remember the days when it used to be train sets and dolls but this year it seems to be Amazons, Apples, Playstations and Xboxes.

Now, I know that mums and dads will be telling me whether their children have been good and deserve that special present this year. I have a little bit of information to help you:

- Make sure that you use the parental controls and settings menu to stop your child accessing inappropriate information. My friends at Internet Matters (<http://www.internetmatters.org/>) have lots of useful tips, especially with changing the settings on these devices.
- Set up the account for the device in your name, so you can see what your child is downloading.
- Make sure that when setting up an account on certain Apps, you make sure they are old enough to use it. Many of them such as Snapchat and Facebook have restrictions which mean you have to be 13 to use them.
- Whilst I know they will be excited to get these new presents, discuss with them the importance of having a balance and incorporate 'non-screen time'.
- Video games have an age classification. Many of the most popular games are rated '16' or '18' which means that you have to be this age to play them as they contain bad language, violence and inappropriate content. If you want to find more information about games that are released, then go to: <http://gamesratingauthority.org/GRA/>
- Make sure that you talk to your children about being online. If they are worried about something they see online, look at ways that you can prevent it repeating.

Well, I hope you found this information useful. I better get back to the workshop as the elves are calling me. I want all you boys and girls to be good and see what Santa brings on Christmas morning.

Best Wishes,

Santa

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TC PINTO
E-safety Consultant

Email: esafetyoffice@gmail.com

Web: <http://tcpinto.org/>